BETTER CARE AT LOWER COSTS: Innovative Care Solutions from CareFirst

A Proven Patient-Centered Medical Home (PCMH)

The demand for higher quality, more efficient care remains central to keeping health coverage affordable. CareFirst’s PCMH is an innovative model that incentivizes doctors for their performance in delivering quality care & reducing costs. The program is showing real results.

Since 2011, Continued Progress to Transform Patient-Centered Healthcare

LOWERED COSTS  INCREASED SAVINGS

$153 MILLION in expected cost savings in 2016.

Since 2011, medical costs have been $945 MILLION LESS than expected for patients covered by the PCMH program.

IMPROVED QUALITY

Compared to CareFirst’s non-PCMH primary care provider population, PCMH panels* saw an overall decrease in a hospital use including fewer:

-10.5% Hospital admissions**
-34.7% Readmissions for all causes**

A STRONG AND STABLE PROGRAM

Consistent Performance:

34% of panels received outcome awards***

6YRS in a row

By providing incentives to primary care providers based on actionable data about their patients, promoting and supporting collaboration between health care providers, and emphasizing coordinated care for the chronically ill, the CareFirst PCMH is transforming patient-centered care with unmatched support for the communities CareFirst serves.

*Panels are care giving teams of 5-15 primary care physicians and nurse practitioners that form the basis of the program.
**Per 1,000 CareFirst members.
***Outcome Incentive Awards are based on both the level of quality and degree of savings achieved against projections.